

Ask Liz

with Liz Sterling

Monday, April 1, 2:30 pm



Join author, writer and radio talk show host Liz Sterling for a lively intimate and interactive discussion as she expounds on insights gleaned from well-known celebrities and many years of experience. Topics can include relationships, positivity and wellness, blending ancient and contemporary perspectives and so much more.

Sterling offers inspiration, education and motivation for living in today's changing world.

Adolph & Rose Levis Jewish Community Center • Phyllis & Harvey Sandler Center
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